

HEALTH AND WELLBEING BOARD		AGENDA ITEM No. 5
5 DECEMBER 2016		PUBLIC REPORT
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HEALTH & WELLBEING AND SPP PARTNERSHIP DELIVERY PROGRAMME BOARD UPDATE

RECOMMENDATIONS	
FROM : Corporate Director, People & Communities and Director of Public Health	Deadline date : N/A
The Health and Wellbeing Board are requested to consider the content of the report and raise any questions.	

1. ORIGIN OF REPORT

1.1 This report is submitted to the Board following a request from the Chair of the Health and Wellbeing and Safer Peterborough Partnership Delivery Board, Wendi Ogle-Welbourn, Corporate Director People & Communities.

2. PURPOSE AND REASON FOR REPORT

2.1 The purpose of this report is to provide Board members with a summary of progress against the key priorities outlined in the Health & Wellbeing Strategy 2016-2019.

2.2 This report is for the Board to consider under its Terms of Reference No. 3.3: *To keep under review the delivery of the designated public health functions and their contribution to improving health and wellbeing and tackling health inequalities.*

3. BACKGROUND

3.1 The Health & Wellbeing and SPP Partnership Delivery Programme Board brings together members who represent the following partnership boards (please refer to Appendix 1 for the structure chart):

- Housing Partnership Board
- Mental Health Board
- Children and Families Joint Commissioning Board
- Public Health Board
- Greater Peterborough Executive Partnership Board
- Adults Board (Learning Disability, Older people, Carers)
- Skills Partnership Board
- Safer Peterborough Partnership Board (SPP)

3.2 The Programme Board's key aims are:

- To be accountable to the Health and Wellbeing Board and drive through the Board's key priorities through the associated partnership boards
- To inform and develop the Joint Strategic Needs Assessment and Health and Wellbeing Strategy

- To delegate tasks to existing boards that sit below the Health and Wellbeing Board and set up task and finish groups as needed to deliver the Health and Wellbeing Strategy
- To monitor the performance of the boards that sit below the Health and Wellbeing Board
- To report performance against the Health and Wellbeing Strategy to the Health and Wellbeing Board, seeking assistance in addressing blockages to delivery where necessary
- To support the development of the Health and Wellbeing Board and the setting of the agenda
- To review the Terms of Reference and membership on an annual basis

3.3 The Health & Wellbeing Strategy 2016-19 has 12 key focus areas:

- Ageing Well
- Children and Young Peoples Health
- Geographical Health Inequalities
- Growth, Health and the Local Plan
- Health and Transport Planning
- Health & Wellbeing of Diverse Communities
- Health & Wellbeing of People with Disability and Sensory Impairment
- Health Behaviours and Lifestyles
- Housing and Health
- Long Term Conditions and Premature Mortality
- Mental Health for Adults of Working Age
- Protecting Health

3.4 The Programme Board also reviews progress on Working Better Together, which incorporates the Better Care Fund (BCF) and the Sustainable Transformation Programme (STP).

3.5 This report is focussing on progress updates from the following six areas:

- Health and Wellbeing of Diverse Communities
- Geographical Health Inequalities
- Health Behaviours and Lifestyles
- Health and the Local Plan
- Transport and Health
- Mental Health for Adults of Working Age
- Working Better Together (Better Care Fund)
- Ageing Well

3.6 Progress Summary

Health and Wellbeing of Diverse Communities

- Delivery of this area's priorities will be overseen by a multi-agency Adults and Communities Board which will meet for the first time before Christmas. This Board will agree metrics and trajectories to monitor progress.
- The Diverse and Ethnic Communities Joint Strategic Needs Assessment (JSNA) was approved by the HWB in September. It has been presented to PCC's CMT, the Clinical Commissioning Group (CCG) Clinical and Executive Management Team, the Peterborough Executive Commissioning Partnership Board and the Health and Care Executive.
- A multi-agency action plan is in place to deliver the recommendations of the JSNA, and some of this will be done jointly with Cambridgeshire County Council where there are benefits or efficiencies to joint working.

- The specification for the Peterborough Integrated lifestyle and weight management service tender includes a focus on meeting the needs of diverse ethnic communities, and this new service is scheduled for implementation in April 2017.
- A grant has been provided to Salaam Radio to run health related programmes and link to the Healthy Peterborough campaign, enabling greater engagement on health and wellbeing with Muslim communities.
- An English for Speakers of Other Languages (ESOL) summit is being arranged to better understand needs, provision, gaps in provision and funding options, in order to ensure as many people as possible are able to learn English in order to improve their wellbeing, employment, skills etc.

Geographical and Health Inequalities

- Health and Wellbeing Strategy delivery for geographical health inequalities will be overseen by an Adults and Communities Board, which is in the process of being set up. This Board, which will have its inaugural meeting before Christmas, will agree baselines and trajectories for the key metrics outlined in the Strategy.
- A multi-agency community serve project focussed in three communities in Peterborough with a focus on addressing inequalities has been launched, led by the City College. There will also be a renewed focus on supporting rural residents and communities who may be isolated or disadvantaged.
- Health trainer clinics in community centres have been set up in Central Ward and the specification for the current integrated lifestyles and weight management procurement emphasises the targeting of services to need.
- The City Council is progressing selective licensing for the private rental sector, which will help to address housing related health inequalities in the most deprived parts of Peterborough.
- The social inclusion sub group of the skills partnership board is focussing on supporting the most disadvantaged communities with skills, capacity and other forms of provision to enhance wellbeing and improve employment opportunities.

Health Behaviours and Lifestyles

- As part of the National Child Measurement Programme 2,771 reception children and 2,320 year 6 children across Peterborough had their height and weight measured during 2015/16. Among reception children, 258 were recorded as obese (a decrease from the previous year) and 632 with excess weight (an increase from the previous year). Among year 6 children, 459 were recorded as obese (an increase from the previous year) and 793 with excess weight (an increase from the previous year).
- Excess weight among adults remains marginally higher than the England average, with two out of three adults in Peterborough classified as overweight or obese. The proportion of adults who are classified as active (doing at least 150 minutes of at least moderate intensity physical activity per week) is again similar to the England average, with one out of two adults active. The number of adults who are classified as inactive (doing less than 30 minutes of at least moderate intensity physical activity per week) has however increased to one in three, significantly higher than the England average.
- More Life weight management programmes are being delivered for children and families as 10-week interventions within the community. Delivered as a whole-family approach the intervention supports families to address health and lifestyle behaviours.
- Adults are being supported to improve their physical activity through the Let's Get Moving programme that supports referred patients to increase and sustain their physical activity, while referral pathways for weight management services have been established.
- A procurement has been carried out for Integrated Healthy Lifestyle and Weight Management Services, and the successful bidder will be announced shortly. Implementation of the new service will be in April 2017.

- The Healthy Peterborough campaign has run since March 2016 and has highlighted a range of preventive health messages to local residents through posters, social media, radio and the dedicated Healthy Peterborough website
- Since 2012 smoking rates in Peterborough have declined at a faster rate than the England average. The decline in smoking rates has been most significant among routine and manual workers with smoking rates declining by 7% during 2012 – 2015 among this group, compared to a reduction in England of 3%. Data for smoking prevalence among 15 year olds is now being recorded nationally and will be monitored
- Admissions to hospital where the primary diagnosis is attributed to alcohol consumption has decreased overall but remains marginally higher than the England average. Among females the rate has reduced and in 2014/15 it was marginally lower than the England average. However, the rate among males has remained consistently higher than the England average since 2011/12
- Smokers are up to four times more likely to quit with support from stop smoking services than if they attempt to quit unaided. Therefore stop smoking services have been increased over the last year with services operating from 70% of GP practices and within local pharmacies, community and children centres and local schools. Work is also underway to develop stop smoking group activity within workplaces, notably those that employ routine and manual workers.
- As part of the integrated substance misuse service a Hospital Alcohol Liaison Project (HALP), funded by the Clinical Commissioning Group, is being delivered to reduce hospital admissions for alcohol related causes.

Health, Growth and the Local Plan

- The Monitor of Engagement with the Natural Environment (MENE) Survey asks respondents to think about occasions when they had spent time out of doors, which is defined as “open spaces in and around towns and cities, including parks, canals and nature areas; the coast and beaches; and the countryside - including farmland, woodland, hills and rivers”. A visit can be anything from a few minutes to all day, and could include time spent close to home or a workplace, further afield or while on holiday in England for purposes such as dog walking or exercise. Respondents are asked to specifically discount routine shopping trips, or time spent in their own gardens. The data for Peterborough showed an increase in the number of people who utilise outdoor space for exercise/health reasons until 2014 data for 2015 is not available for Peterborough as the number of respondents to the survey is too small.
- Work has been undertaken to include policies on health and wellbeing in the proposed new Local Plan. The Local Plan now lists health and wellbeing and health inequalities as an overarching issue. The Local Plan now contains three specific objectives which are grouped around the Health and Wellbeing theme of the Environment Capital Action Plan (theme 10), namely:
 - 10.1 to provide safe and healthy environment, reduce health inequalities and help everyone to live healthy lifestyles
 - 10.2 to make suitable housing available for everyone
 - 10.3 To reduce crime and the fear of crime.
- In addition there are specific policies on: developer contribution requirements for health facilities; a requirement for health impact assessment for developments of 25 dwellings or more and a policy on providing access to healthy, fresh and locally produced food.
- An Active Lifestyle Strategy is being developed for 2017 by the Peterborough City Council to inform local plans and provide the business case for future facilities investment.
- The Local Plan will go out for public consultation at which time there will be an opportunity to refine the proposed policies.
- The new Environment Capital Action Plan will contain a revised set of health and wellbeing targets.

Transport and Health

- A task and finish group will be established to scope out Transport and Health Joint Strategic Needs Assessment (JSNA) data collection and analysis. The scope of potential data collection will be taken to a stakeholder event for comment and prioritisation.
- Work is being undertaken to refresh the Sustainable Transport theme of the Environment Capital Action Plan.
- The Local Transport Plan now contains health and wellbeing aims and objectives throughout the plan.

Mental Health for Adults of Working Age

- A range of system-wide work is being undertaken to reduce the number of people reaching mental health crisis and improving provision and support for those in crisis. New initiatives have been developed through the Urgent & Emergency Care (UEC) Vanguard work and the Crisis Care Concordat and include:
 - Voluntary sector based place of safety 'The Sanctuary' based in Peterborough and run by Peterborough and Fenland Mind.
 - First Response Service – accessible via 111 option 2.
 - Mental Health Nurses based in the police control room with access to assist in crisis situations and advise on appropriate actions.
- Locally there is a Cambridgeshire and Peterborough Suicide Prevention Strategy Implementation Group which oversees local suicide prevention work. This year a detailed audit of suicides in 2015 has been undertaken to further inform the action plan and to target work. The local strategy is heavily influenced by the national strategy and best practice guidance.
- A number of initiatives are underway to re-design child and adolescent mental health services across the system based on the Thrive approach, which will include youth counselling services. The changes aim to increase the number of young people accessing evidence based treatments and aim to assist with a reduction in the self-harm rate.
- Early indications show a decrease in the use of A&E by people in mental health crisis as a result of this work. The impact is being monitored by CPFT part of the UEC Vanguard and Crisis Concordat work mentioned below. Data on the impact of this work will be available end of Quarter 4 2016/17. Support to people with severe mental illness can be partly monitored through performance relating to employment, accommodation and carer support. All three of these areas remain significantly worse than England according to the data available for analysis
- Mental health crisis resulting in the use of section 136 of the Mental Health Act is being monitored by police as part of the UEC Vanguard and Crisis Concordat work

Working Better Together – Better Care Fund

- Alignment of Peterborough system plans - recent analysis of Peterborough system plans showed that there are a large number of programmes and initiatives across the local Health and Social Care System, including the BCF, CCG Sustainability and Transformation Plan and Vanguard programme. In the development of plans for 2016/17, the various programmes of work have been combined, wherever possible, to ensure efficient and effective deployment of resources, ensuring the focus is on delivering the changes and improvements. This approach has been shared with partners across the system
- Alignment with the new STP governance structure is underway to ensure a consistent approach across the system
- Data and Digital Enablers: The immediate focus is developing practical data sharing solutions to support multi-disciplinary working, including the review of approaches in line with Caldicott recommendations.
- Child Health: This incorporates the 0-25 re-design, CAMHS re-design and Healthy Child re-design projects. Work is underway to progress mapping, service design and implementation plans. Agreement is in place from the Healthcare Executive to bring together the STP and Joint Commissioning Unit

- **Integrated Adult Community Services: Vertical Integration** plans to align PCC Adult Social Care with the Neighbourhood Teams are progressing. Trailblazer neighbourhood team sites to test the Multi-Disciplinary Team (MDT) coordination commenced on the 13th June. The need for MDT Coordinators has been confirmed. Trailblazer sites will continue for a further period, to allow further refinement of case finding and GP engagement before wider roll out. Case finding proof of concept pilot is currently being tested
- **Point of Access (Front Door):** Alignment of the PCC Adult Social Care Front Door with health, including integration discussions with GP Network. A detailed model is now in development and further benefits analysis is being undertaken. The Local Government Association Digital Transformation Fund awarded £40k to support the development of a Local Information Platform (LIP) (previously referred to as the Information Hub), which will support the consistency, quality and accuracy of information
- **Admission Avoidance:** Whole system plan has been developed and awaiting approval from NHS England; incorporates Delayed Transfer of Care (DTCs), A&E and winter planning. Mapping of intermediate care provision being undertaken to inform effective commissioning approach. 24/7 Mental Health crisis response service live in Peterborough.
- **Discharge:** Agreement for 7 Day Services to be overseen by A&E Delivery Board as this previously sat with the Systems Resilience Group (SRG). Draft interim bed review completed.
- **Prevention and Early Intervention:** PCC is undertaking further work to refine the Home Services Delivery Model to ensure integrated and strengthened intermediate care tier provision. A single Head of Service has been appointed across PCC's Care and Repair, Assistive Technology, Therapy Services and Reablement teams. PCC and CPFT are working closely to ensure integration is achieved across system-wide intermediate care provision. There is a continued focus on the expansion and embedding of Assistive Technology across social care and health.
- **Community Voluntary and Community Sector (VCS):** The PCC Innovation Partnership is being progressed and discussions are underway with the CCG to understand the scope of integrating health commissioning with the model.
- **Ageing Healthily:** Key objectives for this work include: Falls Prevention: District level leads group is looking at further development to support local implementation of the joint falls pathway. Primary Prevention: The PCC Investment in the Community project focuses on building community resilience. Mental Health and Dementia: Development of a joint strategy and pathway continues to be developed. Continence and UTIs: further development of gaps and priorities is being undertaken.
- **Market Capacity (not VCS):** Care Home Educators have now been recruited by the CCG and further work to develop joint working with care homes is a priority. PCC is exploring joint commissioning opportunities to ensure efficiencies on an ongoing basis.

Ageing Well

- The Older People's Partnership Board have met and agreed activities and measures
- BCF Health Ageing and Prevention Programme is underpinning the work. Its objectives are:
 - To enable the development of a co-ordinated healthy ageing approach across the system and facilitate the integration and join-up of partners across organisations
 - To foster enabling environments & take health promoting & preventative action on risk factors for older people
 - Support carers and older people to retain or regain the skills and confidence to be independent and active in their communities
 - To improve strategic commissioning, planning and delivery of a healthy ageing approach & specific age-related interventions that promote independence & prevent escalation of health & care needs

- To strengthen the system for healthy ageing & better quality & more equitable health & care for older people
- Initial focus is on four key areas:
 - Increasing physical activity and reducing injurious falls - Falls
 - Ensuring holistic approaches and care for older peoples' mental health – Dementia
 - Avoiding admissions for people with complex needs - Incontinence
 - Strengthening place-based approaches to healthy ageing – Wellbeing (social isolation)
- Community Serve programme led by City College Peterborough is focussing on isolation and care for vulnerable older people.
- Peterborough Falls Group established.
- November Public House theme focussed towards older people.
- Significant planning for winter, including focussed support and services for older people.

4. CONSULTATION

- 4.1 A number of partnership boards have met and agreed performance indicators and targets for the key focus areas of the Health and Wellbeing Strategy and these are monitored by the programme board.
- 4.2 The following boards are to meet over the next couple of months and an update will be provided at the next Health and Wellbeing Board:

Long Term Conditions (Greater Peterborough Executive Partnership Board)
 Housing and Health (Vulnerable People's Housing Sub-Group)
 Health & Wellbeing of People with Disability and Sensory Impairment (Learning Disability Partnership)
 Mental Health (Mental Health Partnership Board)
 Geographical Health Inequalities / Health & Wellbeing of Diverse Communities (Community Serve Board)

5. ANTICIPATED OUTCOMES

- 5.1 The Board is asked to review the information contained within this report and respond / provide feedback accordingly.
- 5.2 It is expected that a summary of progress report will be regularly tabled at future Health & Wellbeing Board meetings.

6. REASONS FOR RECOMMENDATIONS

6.1 N/A

7. ALTERNATIVE OPTIONS CONSIDERED

7.1 N/A

8. IMPLICATIONS

8.1 N/A

9. BACKGROUND DOCUMENTS

Used to prepare this report, in accordance with the Local Government (Access to Information) Act 1985)

Appendix 1 - Greater Peterborough Partnership Structure
 Appendix 2 - Health & Wellbeing Strategy 2016-19

10. GLOSSARY

Safer Peterborough Partnership (SPP)
Better Care Fund (BCF)
Sustainable Transformation Programme (STP)
Joint Strategic Needs Assessment (JSNA)
Clinical Commissioning Group (CCG)
English for Speakers of Other Languages (ESOL)
Monitor of Engagement with the Natural Environment (MENE)
Urgent & Emergency Care (UEC)
Cambridgeshire & Peterborough Foundation Trust (CPFT)
Children and Adolescent Mental Health Services (CAMHS)
Local Government Association (LGA)
NHS England (NHSE)
Delayed Transfer of Care (DTOC)
Voluntary and Community Sector (VCS)
Multi-Disciplinary Team (MDT)
Local Information Platform (LIP)